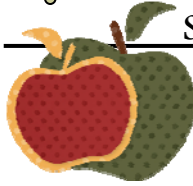


### Snack Time



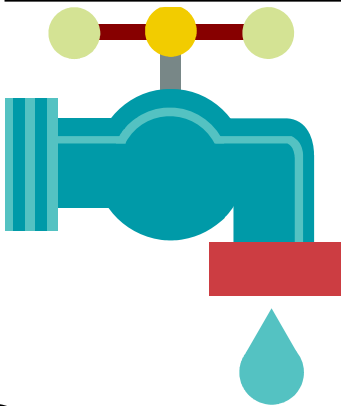
If your kids are like most, they come busting through the door afterschool and they are "STARVING!" If you want to make sure you have something fast and easy, while still nutritious, on hand for them to gobble up, then you might want to check out some of these snack recipes:

**Ants On a Log:** 5 minute prep time. Wash several celery stalks and cut into pieces about 5". Spread peanut butter over the entire length of the celery. Press several raisins into the peanut butter trail to represent the ants.

**Cheerio Bars:** 15 minute prep time. 5 minute cook time. Bring 1/2 cup of sugar and 1/2 cup of honey to a boil in a saucepan. Remove from heat and stir in 1/2 cup of peanut butter until blended. Pour in 3 cups of Cheerios cereal and a handful of salted peanuts and mix until well coated. Spread mixture in a buttered 9x13 pan and let cool. Cut into squares.

**English Muffin Pizzas:** 10 minute prep time. 5 minute cook time. Preheat oven to 350°. Place pre-sliced English Muffins face up on a cookie sheet. Spoon some pizza sauce on each of the half muffins. Top with pepperoni, mushrooms and shredded Mozzarella cheese. Bake in oven for 5 minutes or until cheese is melted.

### MANDATORY WATER RESTRICTIONS



Hanover County has implemented mandatory water conservation measures in response to the low water levels in the James River, caused by the draught. How do these mandatory measures affect you? If you have an odd property address (determined by last digit of address number), you can water only on Tuesday, Thursday and Saturday. If you have an even property address, you can water on Wednesday, Friday or Sunday. All Hanover residents are encouraged to take every action you can to conserve water during this time in order to protect one of our most valuable resources. Our office will continue to issue water passes for those who pay the additional \$10 (per 2-week period) but expect residents to follow the water restrictions listed above. Passes for power wash services will not be issued until mandatory restrictions have been lifted. Please keep in mind that Hanover County has penalties in place for those who do not adhere to the mandatory restrictions with fines of \$50—100.

### Hanover News

**Fire Lanes:** In coordination with the Hanover Fire & EMS, sheriff's deputies are working to ensure compliance with designated fire lanes in Hanover County. County residents are reminded that fire lanes exist to ensure emergency responders have access to those in danger. Fire lanes are in place in any parking lot open to the public that accommodates 50 or more vehicles. Fire lanes can also be found in areas such as county schools, retail establishments and larger commercial areas. Those found parking in a fire lane can receive a parking citation that is punishable by a \$100 fine. Parking includes pausing, waiting or stopping in a fire lane at any time. If you have questions regarding this or any other fire code, please contact the Fire Marshall's Office at 365-6195.

**Burn Ban:** The burn ban issued by the Hanover County Fire Marshall's Office will continue to remain in effect through September 30th. Charcoal or propane grills and fire pits are permitted for cooking purposes **ONLY** using the proper fuels.

**Hanover Schools:** For the seventh consecutive year, Hanover County public schools have earned full accreditation by meeting the benchmarks for Adequate Yearly Progress (AYP) established by the No Child Left Behind Act. Hanover is one of only 26 school districts in the state of Virginia (total of 136) to have all of the county's schools achieve AYP.

## KOSMO VILLAGE MOBILE HOME PARK & CAMPGROUND

### Seasonal Reminders



**Leaves:** Leaf collection season in the park will begin October 1st and run through January 31st. Residents are encouraged to rake their leaves (free of rocks, sticks, debris, or animal feces) to the road's edge for collection. Please keep in mind that leaf collection is weather dependent, but rest assured if you pile your leaves at the roads edge, a member of our maintenance staff will be around to vacuum them up. There will be no extension past January 31st. Those residents who do not take advantage of the leaf collection program will still be responsible for bagging and properly disposing their leaves. **UNDER NO CIRCUMSTANCES ARE RESIDENTS PERMITTED TO DISPOSE OF THEIR LEAVES IN THE WOODS ALONG THE PROPERTY EDGE.** Those found doing so will be charged the cost of their removal and proper disposal.



**Heat Tape:** Heat tape must be in place and operation on your water lines beginning October 15th through April 15th. Now would be a good time to check your heat tape to make sure it is operational or if it needs to be replaced. Make sure it is properly wrapped on all water pipes lying above ground. Residents who fail to keep the lines properly taped will be responsible for any damage to their lines, the park's lines or equipment caused by freezing. **UNDER NO CIRCUMSTANCES SHOULD WATER BE LEFT TO RUN TO PREVENT FREEZING.**

### Management Memo

The last three years have been the most exciting and rewarding of my career. However, I would like to take this opportunity to share with you all the fact that I will be stepping down as Park Manager. While my time here at Kosmo has been relatively short, I can say with all sincerity that I have been truly blessed for the experience. I have met many wonderful people here and have made many accomplishments that I am quite proud of. I came to this job with the intent to bring about some radical changes, asking a lot from you all. Frankly, your response has been overwhelming. With your cooperation, dedication and hard work, it has been exciting to watch the transformation our community has made into a safer, cleaner and more pleasant place to call home.

We have improved the general appearance of the park and it's individual lots—making our community far more attractive. We have worked hand-in-hand with local law enforcement to rid our park of those engaged in criminal activity. We have implemented new leases, incorporating new community rules to reinforce the continued progress of the park as well as encourage its maintenance. I say "we" because that is exactly what it is. This journey has been a "we" thing from the beginning. Because of that support, we have moved further on the journey than I thought possible.

Now there is still more work to be done. While I may no longer be serving as the Park Manager, I will still be an active member of the community—working hard to keep the progress moving forward. The ultimate goal would be a seamless relationship with the management team and having the members of this community spread out from their individual lots to extend the hand of friendship and cooperation to their fellow neighbors. It is then that we will be not just a neighborhood but a true community.

Will Rogers once said that "even if you're on the right track, you'll get run over if you just sit there." Well, we've done anything but just sit there—so let's keep the momentum going!

*~Nicole Helbe*

**Thought For The Month:** "In any moment of decision, the best thing you can do is the right thing. The worst thing you can do is nothing."  
*~Theodore Roosevelt*

REMINDER: The posted speed limit is 10 MPH in the park. Please help ensure the safety of our residents with strict adherence to the speed limit.

### Yard of The Month

Congratulations to this month's "Most Improved" Yard of the Month Winner! The winner receives \$30 off their lot rent.



# 10444 Sioux Lane

### Welcome Aboard!

We would like to encourage our residents to offer a warm welcome to the new Property Manager. Victoria Kenney is a mother of three who lives locally in Glen Allen and has previous property management experience. We think she will make a fine addition to the Kosmo Village management



### Community Classifieds

**FOR SALE:** BRAND NEW Maynardville 14x56, 2 bedroom, 2 bath. \$45,995. Financing available for qualified buyers. **Ask about our leasing incentives.** Call 798-6689 for details.

**FOR SALE:** 1973 Sheffield, newly renovated. 2 bedrooms, 2 bathrooms. All flooring replaced and brand new linoleum and carpeting installed. New base cabinets in kitchen. Fresh coat of interior paint. No appliances. \$15,000. Financing available for qualified buyers. Call 798-6689 for details.

**FOR SALE:** 2002 Clayton 32x72 double wide. 4 bedrooms, 2 baths, large den with fireplace. Call Bob Lucas at 798-3206.

**FOR SALE:** 2006 Maynardville Blueridge. 2 bedrooms, 2 bath. All appliances convey. Shingle roof, vinyl siding, Thermopane windows, front and back porch. \$40,000. Financing available to qualified buyers. Call Clayton Homes at 798-3206.

**SERVICES:** Pet grooming services (including brush, wash, dry, anal gland expression, nail clipping/filing, breath freshening, and eye/ear cleaning) available by local park resident. One-on-one training (with dog & owner), doggie daycare and pet sitting services also available. Call Lorin Mayhew at 752-4572.

**SERVICES:** Lawn services provided to mobile home park residents. Call Ron Smith at 402-3562 for more information.

**SERVICES:** Handyman/plumbing services with local neighborhood references available. Free, honest estimates. Call Ken Parady at 798-7223 or 400-3221.

**SERVICES:** Painting services offered. Call Robert Spence at 253-3900 or 798-4046.

**SERVICES:** Notary services by appointment. Call Sonja after 5 PM weekdays and anytime weekends. 798-4046.

### "Catching Olympic Fever" by Nicole Hebbe



Like many of you, I was entranced by all the action at the 2008 Beijing Olympics. I watched our Olympic teams in amazement

and awe as world records were set and those who were not expected to win surged ahead to victory. The training and 4 years of mental and physical torture these athletes have put themselves through to even get to the Olympics in the first place can only be celebrated. I find it difficult to even imagine the extremely heavy burden these athletes carry on their shoulders with the expectation of family, friends, their country and themselves. These burdens are apparent on the faces of those athletes who didn't quite make the medal placings, or go beyond the heats, or maybe just missed out on the gold. The range of reactions and responses were vast. From the tears of the runner so overcome she couldn't face the TV interviewer, through the absolute agony of disbelief of the weightlifter who couldn't lift the bar; to the calm grace and self acceptance of the swimmer who missed out on a personal milestone by 1/100th of a second.

Having the ability to see "failure" as a stepping stone to the next performance is not only an indicator of emotional maturity, it is essential for creating long term success. Off the field and out of the pool, these athletes are no different than any of the rest of us. We all have stumbles, failures and disastrous performances. How we handle each of these defines how we face the next hurdle or opportunity. We are not our successes, we have success; we create success. It does not define us as people. If you ask Michael Phelps' mother who her son is, she would not talk about his medals. She would talk about the son she knows, as only a mother can.

Listening to a smiling athlete being interviewed out of breath from the effort and saying "I gave it all I had, I did my best, they were just better today..." is a joy. To be able to celebrate what we have done, our efforts, our focus and our achievements is a precious gift to be treasured. I have learned a few things by watching this year's Olympics; lessons that will stay with me forever. Our long term success depends on us self-reflecting, learning and growing stronger. We build our recovery and growth muscles from our stumbles. It is up to us to gather ourselves up by our bootstraps when we have

failed, dust ourselves off, and make a plan to change for the next event. In doing so, we will come through our failures stronger for the learning instead of weaker for the lack of self-acceptance.

### Back To School Reminders



It's that time of year again! While we know you are busy hustling and bustling to do that last minute school shopping, we wanted to remind you of a few things:



- Please take a moment to review school bus safety with your children. Remind them that they are asked to stand in the grassy area at the entrance of our community, not going past the Kosmo Village sign until the bus has come to a complete stop.
- Children are asked to help keep this area clean by disposing of their trash properly in the provided trash receptacle.
- For their own safety, children should be reminded to walk alongside the road on their way home in the afternoons so as not to impede vehicular traffic. **Walking in the middle of the street is not acceptable.**
- The Hanover Sheriff's office would like to remind motorists that you are required to stop for a school bus when you are headed towards it, even when approaching from a cross street. You must wait until the red lights stop flashing, the extended stop sign is withdrawn, and the bus begins moving before you can start driving again. However, motorists are not required to stop when approaching a stopped school bus when the roadway between you and the bus are divided by a physical barrier or an unpaved area.



Be Alert

